

Storage: Store at room temperature

Shelf Life: 3 years

Kampo product

Approval No.	16100AMZ04039000
Date of Initial Marketing in Japan	October 1986

N64

# Kotaro Shakanzoto Extract Fine Granules

**2. CONTRAINDICATIONS (This drug is contraindicated to the following patients.)**

2.1 Patients with Aldosteronism [The disease and its symptoms may be aggravated.]

2.2 Patients with Myopathy [The disease and its symptoms may be aggravated.]

2.3 Patients with Hypokalaemia [The disease and its symptoms may be aggravated.]

## 3. COMPOSITION AND PRODUCT DESCRIPTION

### 3.1 Composition

Brand name	Kotaro Shakanzoto Extract Fine Granules
Active ingredient	15.0 g of Kotaro Shakanzoto Extract Fine Granules contains 9.0g of the dried extract of the following mixed crude drugs and 2.0g of JP Gelatin. JP Prepared Glycyrrhiza .....3.0g JP Cinnamon Bark .....3.0g JP Hemp Fruit .....3.0g JP Jujube .....3.0g JP Ginseng .....3.0g JP Rehmannia Root .....6.0g JP Ginger .....0.8g JP Ophiopogon Root .....6.0g (JP: Japanese Pharmacopoeia)
Excipients	Magnesium Stearate, Corn Starch, Lactose Hydrate, Pullulan, Magnesium Aluminummetasilicate

### 3.2 Product Description

Dosage form	Fine granules
Color	Grayish brown to brown
Taste	Slightly sweet and bitter
Odor	Characteristic odor
ID code	N64

## 4. INDICATIONS

The following symptoms in pale and anemic patients with the conditions below: irregular heartbeat, palpitation, shortness of breath, a tendency for constipation, or feeling of fever.

Cardiac neurosis, valvular heart disease, cough with bloody sputum, dyspnea in Graves' disease.

## 6. DOSAGE AND ADMINISTRATION

The usual adult dosage for oral use is 15.0g daily in 2 or 3 divided doses before or between meals.

The dosage may be adjusted according to the patient's age, body weight, and symptoms.

## 8. IMPORTANT PRECAUTIONS

- 8.1 When this product is used, the patient's "SHO" (constitution/symptoms) should be taken into consideration. The patient's progress should be carefully monitored, and if no improvement in symptoms or findings is observed, continuous administration should be avoided.
- 8.2 Since this product contains Glycyrrhiza, careful attention should be paid to the serum potassium level, blood pressure, etc. [See Sections 10.2, 11.1.1, 11.1.2]
- 8.3 When this product is used in combination with other Kampo products, etc., attention should be paid to the duplication of the contained crude drugs.

## 9. PRECAUTIONS CONCERNING PATIENTS WITH SPECIFIC BACKGROUNDS

- 9.1 Patients with Complication or History of Diseases, etc.
  - 9.1.1 Patients with an extremely weak gastrointestinal tract  
Anorexia, epigastric distress, nausea, vomiting, diarrhea, etc. may occur.
  - 9.1.2 Patients with anorexia, nausea, or vomiting  
These symptoms may be aggravated.
- 9.5 Pregnant Women  
This product should be used in pregnant women or women who may possibly be pregnant only if the expected therapeutic benefits outweigh the possible risks associated with treatment.
- 9.6 Breast-feeding Women  
Considering the therapeutic benefits and the benefits of breastfeeding, continuation or discontinuation of breastfeeding should be considered.
- 9.7 Pediatric Use  
No clinical studies have been conducted in children.
- 9.8 Geriatric Use  
Since the physiological functions are generally decrease in elderly patients, careful supervision is recommended; measures such as reducing the dose may be considered.

## 10. INTERACTIONS

10.2 Precautions for Co-administration (This drug should be administered with caution when co-administered with the following.)

Drugs	Signs, Symptoms, and Treatment	Mechanism and Risk Factors
Glycyrrhiza-containing preparations Shakuyakukanzoto Hochuekkito Yokukansan, etc. Preparations containing glycyrrhizic acid and its salts Monoammonium Glycyrrhizinate/Glycine/L-cysteine Monoammonium Glycyrrhizinate/Glycine/DL-Methionine combination tablets, etc. Loop diuretics Azosemide Torasemide Furosemide, etc. Thiazide diuretics Trichlormethiazide Hydrochlorothiazide Benzylhydrochlorothiazide, etc. [see Sections 8.2, 11.1.1, 11.1.2]	Pseudo-aldosteronism is likely to occur. As a result of hypokalaemia, myopathy is likely to occur.	Since glycyrrhizic acid and diuretics promote potassium excretion in the renal tubules, it is considered that a decrease in the serum potassium level may be promoted.

## 11. ADVERSE REACTIONS

The following adverse reactions may occur. Patients should be carefully monitored, and if any abnormalities are observed, appropriate measures such as discontinuation of administration should be taken.

### 11.1 Clinically Significant Adverse Reactions

#### 11.1.1 Pseudoaldosteronism (frequency unknown)

Pseudoaldosteronism such as hypokalaemia, blood pressure increased, retention of sodium/body fluid, edema, and body weight gain may occur. Patients should be carefully monitored (e.g., measurement of serum potassium levels), and if any abnormalities are observed, administration should be discontinued, and appropriate measures such as administration of potassium preparations should be taken. [See Sections 8.2, 10.2]

#### 11.1.2 Myopathy (frequency unknown)

Myopathy may occur as a result of hypokalaemia. Patients should be carefully monitored, and if any abnormalities such as feelings of weakness, muscle cramp in extremities, or paralysis are observed, administration should be discontinued and appropriate measures such as administration of potassium preparations should be taken. [See Sections 8.2, 10.2]

### 11.2 Other Adverse Reactions

	Frequency unknown
Hypersensitivity	Rash, Redness, Pruritus, Urticaria, etc.
Gastrointestinal	Anorexia, Epigastric distress, Nausea, Vomiting, Diarrhea, etc.

## 20. PRECAUTIONS FOR HANDLING

20.1 To maintain the quality of the product, avoid moisture as much as possible and store in a cool place, away from direct sunlight.

20.2 Avoid moisture, especially after opening, and handle with care.

20.3 Since this product is made from crude drugs, the color of the product may vary.

## 22. PACKAGING

500g [bottle, loose]

2.5g×189 packets [sachets]

## 24. REFERENCE REQUEST AND CONTACT INFORMATION

Pharmaceutical Division, Kotaro Pharmaceutical Co., Ltd.

5-23, Nakatsu 2-chome, Kita-ku, Osaka 531-0071, Japan

## 26. MARKETING AUTHORIZATION HOLDER, etc.

### 26.1 Marketing Authorization Holder

Kotaro Pharmaceutical Co., Ltd.

5-23, Nakatsu 2-chome, Kita-ku, Osaka 531-0071, Japan